

No. 83/2019

# TO UEFA MEMBER ASSOCIATIONS TO CLUBS PARTICIPATING IN UEFA COMPETITIONS

For the attention of the President and the General Secretary

Your reference

Your correspondence of

Our reference VOU/LUZ Date 25 November 2019

# 2020 WADA Prohibited List

Dear Sir or Madam,

In accordance with paragraph 5.01 of the UEFA Anti-Doping Regulations, edition 2018, the 2019 WADA Prohibited List will apply to all UEFA competitions **from 1 January 2020**.

For this purpose, we enclose the new list of prohibited substances, as well as a WADA document summarising the changes compared with the 2019 List (*Summary of Major Modifications*). This information is also available on the WADA website (<u>www.wada-ama.org</u>).

### **Therapeutic Use Exemptions (TUEs)**

UEFA's rules and procedures governing TUEs, which are harmonised with those of FIFA, remain the same as in 2019, despite changes to the Prohibited List. Players who are participating in UEFA competitions or in senior international (national A team) friendly matches and have to use a prohibited substance or prohibited method for therapeutic purposes must request prior authorisation from UEFA by means of a UEFA TUE application form (enclosed).

The TUE application form must be completed and signed by the player and their doctor, and then sent with a complete file of medical evidence to the UEFA Medical and Anti-Doping Unit (antidoping@uefa.ch). Forms must be sent to UEFA only, and not to National Anti-Doping Organisations (NADOs). Except in cases of medical emergency, doctors must not administer a prohibited substance or prohibited method before a TUE has been granted by UEFA.

TUEs granted by FIFA are automatically valid for UEFA competitions, while TUEs granted by NADOs – to players who were not participating in a UEFA competition at the time – must first be recognised by UEFA in order to be valid for UEFA competitions. In accordance with Article 4.4.3 of the World Anti-Doping Code, the UEFA TUE Committee recognises TUEs granted by NADOs provided that the following two conditions are all fulfilled:

- The UEFA anti-doping and medical unit is provided with a copy of the original application form, including all medical information submitted to the authorising body (both translated into one of UEFA's official languages if necessary); and
- The UEFA TUE Committee confirms that the TUE meets the criteria set out in the WADA International Standard for Therapeutic Use Exemptions.;

Players participating in youth-level international friendly matches (i.e. any national youth team up to and including U21) must apply to their NADO for a TUE, and not to UEFA.

Further information can be found in article 6 and Appendix A of the UEFA Anti-Doping Regulations, edition 2018 and in the enclosed updated UEFA Guide (November 2019) to the WADA Prohibited List and TUEs.

### <u>Responsibility</u>

Players should be aware that doping controls can be carried out at all times, both in- and out-ofcompetition. We therefore remind you of Paragraph 3.01b) of the UEFA Anti-Doping Regulations, edition 2018: "It is each player's personal duty to ensure that no prohibited substance enters his body and that no prohibited method is used. Accordingly, it is not necessary that intent, fault, negligence or knowing use on the player's part be demonstrated in order to establish an anti-doping rule violation for use of a prohibited substance or prohibited method.". Given the disciplinary consequences that a player may face in the event of an anti-doping rule violation, we ask that all players be fully informed of the risks involved in taking any form of medication or food supplement.

Please forward this circular and the 2020 WADA Prohibited List immediately to your team doctors, who must in turn inform the players. The List, the "Guide to the WADA Prohibited List and TUEs", as well as the UEFA Anti-Doping Regulations, edition 2018, and the UEFA TUE form are also available on the dedicated anti-doping section of the UEFA website at: <u>http://www.uefa.com/insideuefa/protecting-the-game/anti-doping/index.html</u>

If you have questions or require further information, please contact Marc Vouillamoz (<u>marc.vouillamoz@uefa.ch</u>) or Charles-André Lutz (<u>charles-andre.lutz@uefa.ch</u>) in UEFA's Anti-Doping and Medical Unit.

Yours faithfully,

UEFA

Theodore Theodoridis General Secretary

#### Enclosures

- WADA Prohibited List 2020
- Summary of Major Modifications
- UEFA Guide to the WADA Prohibited List and TUEs
- UEFA TUE application form

<u>cc (with enclosures)</u>

- UEFA Executive Committee
- UEFA Medical Committee
- UEFA Anti-Doping Panel
- European members of the FIFA Council
- FIFA, Zurich